

NAUTICAL BOWLS ALLERGEN INFORMATION

| BASES: | MILK | EGGS | PEANUT | TREE NUT | WHEAT | SOYBEANS | SOY | FISH | SHELLFISH | COMMENTS |
|---|----------|------|----------|----------|-------|----------|-----|------|-----------|--------------|
| Açaí | | | | | | | | | | * SEE NOTE 1 |
| Blue Majik | | | | | | | | | | * SEE NOTE 1 |
| Coconut | | | | | | | | | | *SEE NOTE 1 |
| Mango | | | | | | | | | | * SEE NOTE 1 |
| Pitaya | | | | | | | | | | * SEE NOTE 1 |
| Cacao | | | | | | | | | | * SEE NOTE 1 |
| Vanilla Chia Pudding | | | | Contains | | | | | | * SEE NOTE 1 |
| PB Cacao Chia Pudding | | | Contains | Contains | | | | | | * SEE NOTE 1 |
| Spirulina Chia Pudding | | | | Contains | | | | | | * SEE NOTE 1 |
| Strawberry | | | | | | | | | | * SEE NOTE 1 |
| Banana | | | | | | | | | | * SEE NOTE 1 |
| TOPPING: | MILK | EGGS | PEANUT | TREE NUT | WHEAT | SOYBEANS | SOY | FISH | SHELLFISH | COMMENTS |
| <i>*Toppings may be sourced from different vendors/facilities across individual store locations. Please check with your local store if you have questions or need to see full allergen lists.</i> | | | | | | | | | | |
| Freshly Ground Peanut Butter | | | Contains | | | | | | | * SEE NOTE 1 |
| Freshly Ground Almond Butter | | | | Contains | | | | | | * SEE NOTE 1 |
| Almonds | | | | Contains | | | | | | *SEE NOTE 1 |
| Cacao Nibs | | | | | | | | | | * SEE NOTE 1 |
| Cashew Cacao Butter <i>*Contains cashews</i> | | | | Contains | | | | | | * SEE NOTE 1 |
| Chia Seeds | | | | | | | | | | * SEE NOTE 1 |
| Coconut Butter Crumbles | | | | Contains | | | | | | * SEE NOTE 1 |
| Coconut Flakes | | | | Contains | | | | | | * SEE NOTE 1 |
| Goji Berries | | | | | | | | | | * SEE NOTE 1 |
| Hemp Seeds | | | | | | | | | | * SEE NOTE 1 |
| Honey Oat Granola | | | | Contains | | | | | | * SEE NOTE 1 |
| Pumpkin Seeds | | | | | | | | | | * SEE NOTE 1 |
| PB Cacao Protein Crumbles <i>*Contains peanuts</i> | | | Contains | Contains | | | | | | * SEE NOTE 1 |
| Birthday Cake Protein Crumbles <i>*Contains cashews</i> | | | | Contains | | | | | | * SEE NOTE 1 |
| Strawberry Protein Crumbles <i>*Contains sunflowers</i> | | | | | | | | | | * SEE NOTE 1 |
| Banana Protein Crumbles <i>*Contains walnuts and almonds</i> | | | Contains | Contains | | | | | | * SEE NOTE 1 |
| Yogurt | Contains | | | Contains | | | | | | * SEE NOTE 1 |
| Matcha Powder | | | | Contains | | | | | | * SEE NOTE 1 |
| Tajin | | | | | | | | | | * SEE NOTE 1 |
| Espresso Powder | | | | | | | | | | * SEE NOTE 1 |
| Cacao Powder | | | | | | | | | | * SEE NOTE 1 |
| Cinnamon | | | | | | | | | | * SEE NOTE 1 |
| Summer Strawberry Drizzle | | | | | | | | | | * SEE NOTE 1 |
| Sunny Banana Drizzle | | | | | | | | | | * SEE NOTE 1 |
| Tropical Harmony Drizzle | | | | | | | | | | * SEE NOTE 1 |
| Harvest Greens Drizzle | | | | | | | | | | * SEE NOTE 1 |
| Wild Watermelon Drizzle | | | | Contains | | | | | | * SEE NOTE 1 |
| Honey Drizzle | | | | | | | | | | * SEE NOTE 1 |
| Maple Syrup Drizzle | | | | | | | | | | * SEE NOTE 1 |
| Agave Syrup Drizzle | | | | | | | | | | * SEE NOTE 1 |
| Coconut Swirl | | | | Contains | | | | | | * SEE NOTE 1 |
| FRUIT TOPPINGS <i>(Freshly sliced + Shaved Frozen)</i> Blueberries Strawberries Banana Kiwi Mango Pineapple | | | | | | | | | | * SEE NOTE 1 |

***NOTE 1:** Made in a facility, and/or on the same line, that manufactures products, with peanuts, milk, egg products, tree nuts, wheat, sesame, and soy.

We cannot guarantee our product can be made fully free from allergens.